

Revised: 2-28-23

Interventions that States, Tribal Nations, and U.S. Territories Plan to Include in Their Family First Prevention and Services Act Plan (Third Edition)¹

Document Overview

As of January 6, 2023, the FFPSA Prevention Services Clearinghouse has reviewed **129** programs and services; 66 of these have been rated – with 33 rated as *promising*, 16 as *supported*, or 17 as *well-supported*.² This document provides information about three areas:

- (1) What interventions have been rated by the FFPSA Prevention Clearinghouse (Table 1) or approved through the ACF Technical Review process (Table 2).
- (2) Interventions that were reviewed by the Prevention Clearinghouse but had insufficient evidence for review. (See Appendix A for that information and the [Clearinghouse](#) website for which interventions are currently under review or planned for review.)
- (3) The interventions that states plan to include in their FFPSA plan or have included in their plan that has been approved for use by the Federal Government. (See Table 3.)

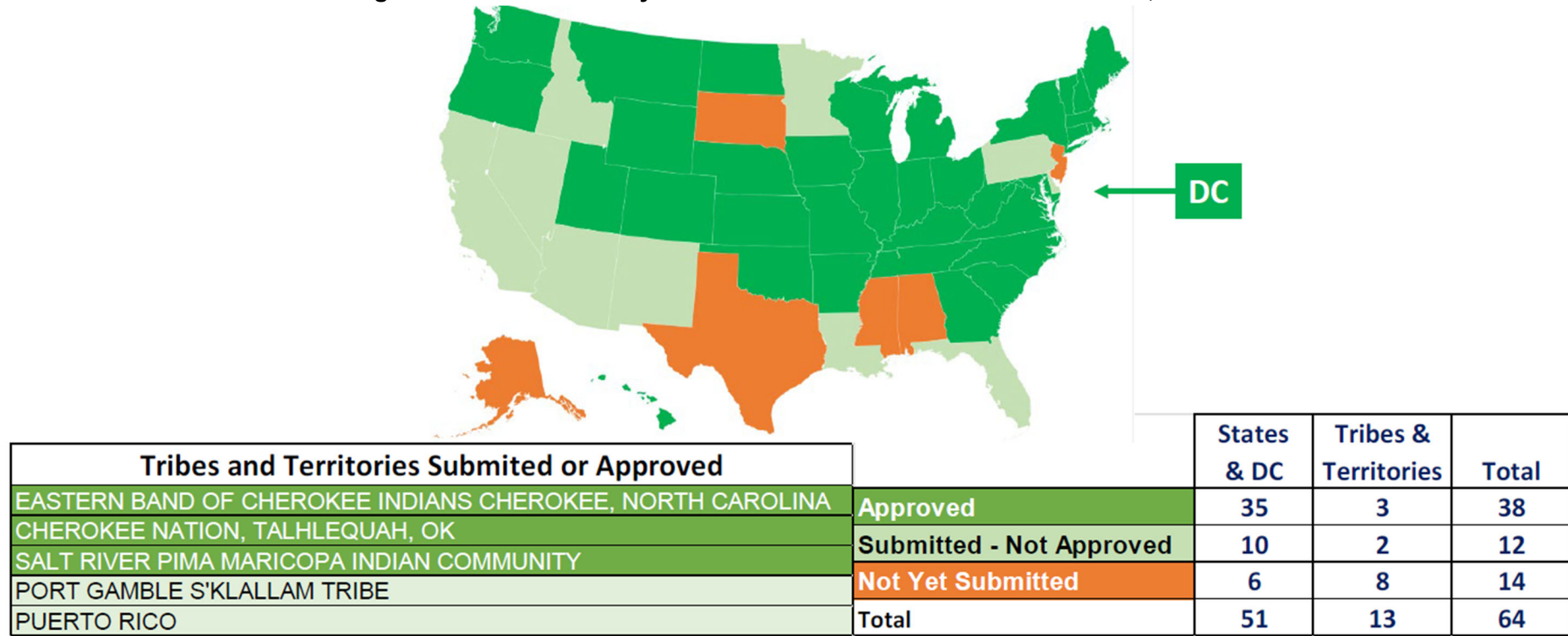
Note that this is a very dynamic situation, and states may update their intervention choices at any time and seek Federal approval for that change. We will publish updates of this summary about twice per year to keep this as accurate as possible. For example, Washington DC has received approval to claim for Motivational Interviewing under Family First as part of the District's comprehensive evidence-based prevention service array, in addition to its use as a substance abuse treatment service.³ Jurisdictions and American Indian/Alaskan Native tribal nations with approved FFPSA plans are depicted in Figure 1 and via the notes below that figure -- which was designed by Don Winstead using information from the ACF/CB website as of December 22, 2022.

¹ For more information about this summary please contact Peter J. Pecora in Research Services, Casey Family Programs. E-mail: PPecora@casey.org Phone: 206-270-4936.

² See <https://preventionservices.abtsites.com/> and <https://preventionservices.abtsites.com/program>

³ See Table 3 and page 23 in https://familyfirstact.org/sites/default/files/DC%20Title%20IV-E%20Prevention%20Program%20Five-Year%20Plan_Amended%209.8.20.pdf

Figure 1. Status of Family First Prevention Plans as of December 22, 2022



Compiled by Don Winstead Consulting from ACF/CB web site
Dec. 23, 2022

FFPSA Federal Approval of State Plans: [Status](#) as of January 6, 2023

- **Approved plan** (36 States plus DC): (AR, CO, CT, DC, GA, HI, IA, IL, IN, KS, KY, MA, MD, ME, MI, MN, MO, MT, NC, ND, NE, NH, NY, OH, OK, OR, RI, SC, TN, UT, VA, VT, WA, WI, WV, WY) **American Indian/Alaskan Native Tribal Nations:** Cherokee Nation (Talhlequah, Oklahoma); Eastern Band of Cherokee Indians (Cherokee, North Carolina); and Salt River Pima-Maricopa Indian Community (Arizona)
- **Submitted plan but not yet approved** (9 states): AZ, CA, DE, FL, ID, LA, NV, NM, PA **American Indian/Alaskan Native Tribal Nations:** Port Gamble S’Klallam Tribe of Kingston, WA (**U.S. Territories:** Puerto Rico (Note that Alaska submitted but then withdrew their state plan; and the Aleut Community of St. Paul Island, AK submitted a plan, received feedback and may be working on a revised plan.)

- **Not yet submitted a plan:** AL, MS, NJ, SD, TX, **American Indian/Alaskan Native Tribal Nations:** Keweenaw Bay Indian Community (Baraga, Michigan); Mashpee Wampanoag Tribe (Massachusetts); Navaho Nation (Window Rock, AZ); Pacua Yaqui Tribe (Tucson, AZ); Penpscot Indian Nation (Maine); Tolowa Dee-ni' Nation (Smith River, CA) **U.S. Territories:** Guam, U.S. Virgin Islands.

Table 1. Programs That Have Been Rated by the FFPSA Prevention Services Clearinghouse and Their Program Categories as of January 25, 2023

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
WELL-SUPPORTED				
Brief Strategic Family Therapy (BSFT)	X	X	X	
Familias Unidas	X	X	X	
Families First (Utah Youth Village Model)	X	X		
Family Check-up	X	X		
Functional Family Therapy (FFT)		X		
Generation PMTO - Group				
Guiding Good Choices® (GGC), formerly known as Preparing for the Drug Free Years (PDFY)	X	X	X	
Healthy Families America	X			
Homebuilders Intensive Family Preservation and Reunification Services	X			
Intercept	X			
Mindfulness-Based Cognitive Therapy (MBCT)				
Motivational Interviewing (MI) ⁴			X	
Multisystemic Therapy (MST)		X	X	
Nurse-Family Partnership (NFP)	X	X		
Parent-Child Interaction Therapy (PCIT)		X		
Parents as Teachers	X			
Strong African American Families (SAAF)		X	X	

⁴ Washington D.C. has been approved to also use Motivational Interviewing as a “cross-cutting” case management intervention, in addition to substance abuse.

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
SUPPORTED				
Arizona Kinship Support Services (AKSS)				X
Child First	X	X		
Eye Movement Desensitization and Reprocessing - Standard Protocol	X			
Families Facing the Future			X	
Family-Centered Treatment® (FCT)	X			
Fostering Healthy Futures for Preteens® (FHP)		X		
Interpersonal Psychotherapy for Depressed Adolescents (Weissman et al., manual)		X		
Mindfulness-Based Cognitive Therapy for Parents (MBCT-P)		X		
Multi-Dimensional Family Therapy	X	X	X	
Parenting with Love and Limits® (PLL)	X	X		
Parents Anonymous	X	X	X	
Prolonged Exposure Therapy for Adolescents with PTSD		X		
SafeCare ⁵	X			
Sobriety Treatment and Recovery Teams (START)	X		X	
Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14)		X	X	
Triple P – Positive Parenting Program – Online (Level 4)		X		
PROMISING				
Adolescent Community Reinforcement Approach			X	
Aggression Replacement Training® (ART)				

⁵ SafeCare was also submitted to the Prevention Clearinghouse via a technical review with a rating of Well-Supported. Because the Prevention Clearinghouse rating is lower, a new study will need to be submitted to the Clearinghouse for re-review of that intervention.

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
Bounce Back		X		
Child-Centered Group Play Therapy		X		
Child-Centered Play Therapy		X		
Child-Parent Psychotherapy (CPP)		X		
Child-Parent Relationship Therapy		X		
Cognitive Behavioral Intervention for Trauma in Schools (CBITS)		X		
Cognitive Processing Therapy (CPT)		X		
Colorado Kinnectd Kinship Navigator Program (Colorado Kinnectd)				X
Community Reinforcement Approach + Vouchers (CRA + Vouchers)			X	
Coping Cat – Group		X		
Coping Cat – Individual		X		
Effective Black Parenting Program (EBPP)		X		
Families and Schools Together® (FAST®) – Elementary School Level		X		
Family Spirit	X			
Generation PMTO – Individual [formerly known as Parent Management Training – Oregon Model (PMTO®)]	X	X		
Incredible Years – School Age Basic Program	X			
Incredible Years – Toddler Basic Program	X			
Intensive Care Coordination Using High Fidelity Wraparound (Wraparound)		X		
Interpersonal Psychotherapy for Depressed Adolescents		X		
Iowa Parent Partner Approach	X			
Methadone Maintenance Therapy			X	
Mindful Mood Balance (MMB)		X		
Ohio’s Kinship Supports Intervention/ProtectOHIO				X

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
On the Way Home® (OTWH)	X	X		
Prolonged Exposure Therapy for PTSD (Adults)		X		
TBRI – 101 (Trust-Based Relational Therapy for caregivers)		X		
Trauma Focused-Cognitive Behavioral Therapy (TF-CBT)		X		
Triple P – Positive Parenting Program - Group (Level 4)		X		
Triple P – Positive Parenting Program – Self-Directed (Level 4)		X		
Triple P – Positive Parenting Program Standard (Level 4)		X		
Trust-Based Relational Intervention – Caregiver Training		X		

Table 2. Interventions with Ratings Approved via the U.S. Children’s Bureau Technical Review Process

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
SUPPORTED				
Family Centered Treatment (FCT) FCT is now rated as <i>Supported</i> by the Clearinghouse.		X		
Intercept (Formerly Youth Villages Intercept) Submitted by Arkansas) (now rated as <i>Well-Supported</i> by the Clearinghouse)	X			

Interventions that States Plan to Include in Their FFPSA Prevention Plan

In Table 3 we identify the interventions that states, AI/AN Tribal Nations, Washington, D.C., and the U.S. Territories have included in their FFPSA plan or have had approved by the Federal Government. In this edition of the summary, we include about eight American Indian/Alaskan Native-focused interventions that were included in the Alaska FFPSA state plan, which was submitted to the U.S. Children’s Bureau but then withdrawn. Note that Family Spirit was recently rated as Promising by the Prevention Clearinghouse.

The interventions selected by 15 or more states, Tribal Nations, U.S. Territories and Washington, D.C. are listed below:

- Functional Family Therapy (34 jurisdictions)
- Healthy Families America (25 jurisdictions)
- Homebuilders (16 jurisdictions)
- Motivational Interviewing (29 jurisdictions)
- Multi-Systemic Therapy (also related to Intercept in 5 jurisdictions) (28 jurisdictions)
- Nurse Family Partnership (20 jurisdictions)
- Parent Child Interaction Therapy (26 jurisdictions)
- Parents as Teachers (28 jurisdictions)
- Trauma-Focused Cognitive Behavioral Therapy (17 jurisdictions)

It was important to see that some jurisdictions have selected Clearinghouse-rated interventions that were created for specific children and families of color:

- Effective Black Parenting Program (EBPP)
- Familias Unidas
- Family Spirit

The number of interventions with evidence that they are effective with children and families of color and *LGBTQ2SI+* persons is increasing but many more evaluation studies need to be completed.⁶

⁶ See for example:

- O’Brien, J., Evans, J., Heaton, L., Hyland, S., & Weiner, D. (2021). *Elevating culturally specific evidence-based practices*. Chicago: Chapin Hall at the University of Chicago. Retrieved from <https://www.chapinhall.org/wp-content/uploads/Elevating-Culturally-Specific-EBPs.pdf>
- Pecora, P.J., Klein, R., Simon, J., Foster, L.J.J., & Keller, C. (2023). *Interventions Shown to be Effective with Children and Families of Color and LGBTQ2SI+ Persons Being Served with Family First Funding*. (Second Edition). Seattle, WA: Casey Family Programs.
- Thomas, K., & Halbert, C. (2021). *Transforming child welfare: Prioritizing prevention, racial equity, and advancing child and family well-being*. National Council on Family Relations Policy Brief, 6(1), Retrieved from <https://www.ncfr.org/policy/research-and-policy-briefs/transforming-child-welfare>

Table 3. Interventions that States and American Indian/Alaskan Native Tribal Nations Plan or Have Already Included in Their FFPSA Prevention Plan

FFPSA Clearinghouse Rating: *Promising; **Supported; ***Well-Supported; ^{NR}Does not currently meet criteria; No mark = has not been rated yet by Clearinghouse Program Areas: MH: Mental Health, PSB: In-Home Parent Skill-Based, SA: Substance Abuse Treatment, KN: Kinship Navigator

Evidence Based Preventions	Service Type	Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
123 Magic: Effective Discipline for Children	PSB																		X								X		X																						
3-5-7 Model																												X																							
Acceptance and Commitment Therapy (ACT)	MH																										X ¹¹																		X ¹²						
Active Parenting 4 th Edition																											X																								
Adolescent Community Reinforcement Approach (A-CRA)*	SA									X									X																																

⁷ California will select all EBPs with a Well-Supported rating, as currently approved by the Title IV-E Prevention Services Clearinghouse for inclusion at the inception of the Title IV-E Prevention Program. As they become available, any new Well-Supported services that have been included in the Title IV-E Prevention Services Clearinghouse may be integrated into the selected automation solution and a state plan amendment will be submitted to make them available for use by local IV-E Agencies. California intends to use Motivational Interviewing as a cross-cutting intervention beyond solely substance use disorder treatment, showing considerable success in services including in-home parenting skill-building, mental health treatment, and family engagement and interaction.

⁸ Delaware has submitted their plan and is working with the Children’s Bureau on requested revisions, and so the state plan is not yet available.

⁹ The following additional EBPs represent interventions that are part of the Illinois Department’s overall prevention strategy that may be considered for inclusion in the IV-E prevention plan in the future: Nurturing Parenting Program, Seeking Safety, Solution-Based Casework, and Wraparound.

¹⁰ New Mexico is discussing their plan with the Federal government, and it has not yet been approved.

¹¹ Montana uses this specific program name: Acceptance and Commitment Therapy (ACT) – Raising Safe Kids

¹² Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

Evidence Based Preventions	Service Type	Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
Circle of Security Home Visiting – 4 (COS-HV4)	PSB																									X																									
CO Differential Response	MH, PSB, SA						X																																												
Cognitive Behavior Therapy (CBT)	MH	X													X				X						X	X		X																							
Cognitive Processing Therapy	MH					X																																													
Colorado Community Response	PSB						X																																												
Colorado Kinnected*	KN																																																		
Common Sense Parenting	PSB																									X																									
Coping CAT therapy-anxiety/depression*	MH																											X																							
Cultural Camps																																																			
Cultural Resiliency ¹⁵		X																																																	

¹⁵ The Eastern Band of Cherokee included this approach in their FFPSA plan. “This intervention has been a means of healing for thousands of years, when there was an understanding that one’s cultural identity and sense of belonging within the community was a core facet to wholeness and healing in an individual and in a family system. Due to historical trauma, many families were forced to abandon facets of their culture, and this separation from cultural identity is often credited as a major factor in many present challenges, particularly the opiate crisis within American Indian populations. Reengaging struggling families within their culture is not a new idea but utilizing this engagement as a protective factor for families on the brink of their children entering care will be. The Family Safety Program will locate experts in Cherokee Language and cultural practices (such as basket weavers, story tellers, medicine makers) based on their respect within the community as such and participation in appropriate traditional means of training, and connect them to families to work with children or parents to engage them in cultural practices and work with them on reintegrating their identity as a Native person and the healing which this will bring.” For more information see Eastern Band of the Cherokee. (2023). *Agatiyidi (DSJAJ) Manual Family Safety Program IV-E Funded Prevention Programming*. Cherokee, North Carolina: Author, page 52.

Evidence Based Preventions	Service Type	Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
Family Centered Treatment ^{16**}	MH					X				X ¹⁷				X		X		X				X					X																								
Family Check-up ^{***}	PSB, MH						X																																												
Family Connections	PSB, MH			X																																															
Family Group Decision-making (FGDM))				X																																															
Family KINnections (FamKIN) ¹⁸																																																			
Family Mentoring																		X ¹⁹																																	
Family Spirit*	PSB																					X				X				X																					
Family Reunification Program																							X																												
Fatherhood is Sacred ²⁰	PSB				X																																														

¹⁶ Family Centered Treatment was rated as Well-Supported as part of the Federal review of the Arkansas prevention plan, using a technical review process. Note that this rating was revised by the FFPSA Clearinghouse, and FCT is now rated as "Supported."

¹⁷ Washington D.C calls this the Family-Centered Treatment - St. Francis program.

¹⁸ Based on the practice criteria being the same for kinship navigator programs as required for the Title IV-E Prevention and Family Services and Program, continued evaluation is needed and ongoing toward achieving an approval rating through the Title IV-E Prevention Services Clearinghouse; therefore, Oklahoma will not be seeking approval for Family First Title IV-E prevention funds for this program at this time. (See Oklahoma FFPSA state prevention plan, page 44)

¹⁹ The Family Mentoring program in Kansas utilizes the Nurturing Parenting Program (NPP) to educate parents about healthy child development through parenting skills training and comprehensive professional support.

²⁰ The Native American Fatherhood and Families Association (NAFFA) in Alaska created and designed this program for fathers using a Native American approach. The goal of the program is to strengthen families through responsible parenting. NAFFA teaches parents to connect with their heritage as they become actively involved in the lives of their families.

Evidence Based Preventions	Service Type	Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming				
		Fostering Prevention																		X																																			
Fostering Relationships																												X																											
Functional Family Therapy (FFT) ^{***}	MH			X	X	X	X	X	X	X	X	X	X	X		X	X	X	X		X	X		X		X	X	X		X		X		X		X		X		X		X		X		X		X		X		X			
Generation PMTO*																		X																																					
Healthy Families America (HFA) ^{***}	PSB						X	X	X	X		X		X	X	X	X	X				X	X	X		X		X	X	X	X	X	X		X	X												X		X		X			
Healthy Relationships (Alaska Native Wellness Institute)	MH				X																																																		
Healthy Relationships (LEARN) ²¹				X																																																			
Healthy Start ²²																																																							
Helping Women Recover & Beyond Trauma	MH												X																																										
Home visiting program	PSB																												X																										
Homebuilders ^{***}	PSB					X	X				X		X			X					X					X		X	X	X		X		X							X									X					

²¹ The SRP-MIC O’Odam Piipaash Healthy Relationships Program is a 24-week program which covers topics such as Understanding Relationships, Conflict Resolution, Gender Role Differences, and Effective Communication to name a few. The purpose of the program is to equip participants with the tools to help heal and strengthen their families. The Salt River Pima-Maricopa Indian Community Tribe is requesting a waiver regarding this intervention. (See Salt River Pima-Maricopa Indian Community Family First Prevention Services: Prevention Plan Draft, July 2021).

²² Healthy Start is mentioned as a secondary prevention service in the Oklahoma State FFPSA plan but not listed as a EBP for FFPSA reimbursement. (See Oklahoma state FFPSA plan, page 41.)

Evidence Based Preventions	Service Type	State/Region																																																			
		Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming		
Honoring Children, Making Relatives ²³			X																																																		
Honoring Children, Making the Circle ²⁴			X																																																		
Honoring Culture for Healing (HCH) ²⁵																																																					
Incredible Years ^{26*}	PSB											X									X		X													X																	
Indiana Family Preservation Services ²⁷															X																																						
“Intensive Care Coordination using High-Fidelity Wraparound” ^{**}	MH, PSB																																																				

²³ The Eastern Band of the Cherokee uses Honoring Children, Making Relatives. This intervention incorporates American Indian and Alaskan Native philosophies into the basic concepts of Parent-Child Interaction Therapy (PCIT). This cultural adaption of the practice of PCIT has established use with tribes throughout the US, and cultural adaptations of already evidence-based treatments have established merit. For more information see Eastern Band of the Cherokee. (2023). *Agatiyidi (D5J.dJ) Manual Family Safety Program IV-E Funded Prevention Programming*. Cherokee, North Carolina: Author, page 41.

²⁴ This intervention is an adaption of Trauma Focused Cognitive Behavioral Therapy. Staff and supervising clinical staff of the Eastern Band of the Cherokee will receive foundational training online as a prerequisite to the course and then training on this specialized modality through the Indian Country Child Trauma Center. For more information see Eastern Band of the Cherokee. (2023). *Agatiyidi (D5J.dJ) Manual Family Safety Program IV-E Funded Prevention Programming*. Cherokee, North Carolina: Author, page 47.

²⁵ Honoring Culture for Healing (HCH) provide cultural education through storytelling, art and language. HCH is an eight week in home setting curriculum. The goal of HCH is to connect families with cultural knowledge that can lead to healing. HCH will target the adult population who are the caregivers of children involved in open Family First Prevention cases. HCH will be in the service category of mental health. HCH will provide outcomes of family resilience. See Cherokee Nation. (2022). Cherokee Nation 2022-2027 Family First Prevention Plan, Cherokee Nation Indian Child Welfare. Tahlequah, OK: Author, p. 10.

²⁶ Incredible Years is mentioned as a secondary prevention service in the Oklahoma State FFPSA plan but not listed as a EBP for FFPSA reimbursement. (See Oklahoma state FFPSA plan, page 41.)

²⁷ Indiana DCS is not requesting approval of INFPS through this prevention plan. We are seeking approval for our utilization of EBPs in the context of our prevention program INFPS. INFPS itself will be submitted to the Title IV-E Clearinghouse, and we do not seek approval for INFPS under the prevention plan. See the Indiana prevention plan, page 19.

Evidence Based Preventions	Service Type		State/Region																																																				
	Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming					
Linking Generations by Strengthening Relationships ³¹	PSB			X																																																			
Love and Logic	PSB																									X																													
Matrix Model ³²	SA	X																																																					
Mentorship (LEARN) ³³																																																							
Methadone Maintenance Therapy*	SA			X	X		X													X								X																											
Motherhood is Sacred ³⁴																																																							
Motivational Interviewing***	SA and cross-cutting	X	X	X	X	X			X	X				X	X									X	X			X	X							X								X	X										
Multi-Dimensional Family Therapy**	MH, PSB, SA																																																						
Multi-Systemic Therapy (MST)***	MH, SA			X		X	X	X	X	X		X		X			X	X		X	X		X		X	X	X	X	X	X	X		X		X	X													X ₃₅	X					

³¹ The Alaska Native American Fatherhood and Families Association (NAFFA) created this training program for fathers, mothers and families including foster parents and stepparents. Aimed to increase knowledge and skills to assist families by building relationships in the community.

³² The Matrix Model an outpatient treatment approach for substance abuse and dependence. The goals are abstinence from alcohol and other drug use, understanding addiction and relapse, knowledge of relapse prevention skills, development of pro-social behaviors, and providing support. The Matrix model has a "promising" rating on the CEBC.

³³ SRP-MIC implemented the mentorship program to help youth develop a connection to a positive adult. This program provides group activities as well as one-on-one mentoring. The Salt River Pima-Maricopa Indian Community Tribe is requesting a waiver regarding this intervention. (See Salt River Pima-Maricopa Indian Community Family First Prevention Services: Prevention Plan Draft, July 2021).

³⁴ The Alaska Native American Fatherhood and Families Association (NAFFA) created this training program for fathers, mothers and families including foster parents and stepparents. Aimed to increase knowledge and skills to assist families by building relationships in the community.

³⁵ Virginia does not intend to use MST for child abuse and neglect treatment.

Evidence Based Preventions	Service Type	Geographic Regions																																																					
		Cherokee Nation	Eastern Band of the Cherokee	Salt River Pima-Maricopa Indian	Alaska	Arkansas	California ⁷	Colorado	Connecticut	District of Columbia	Delaware ⁸	Florida	Georgia	Hawaii	Illinois ⁹	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico ¹⁰	New York	North Carolina	North Dakota	Ohio	Oklahoma	Oregon	Puerto Rico	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming				
Their School-Age Children (NPP 5-11) ^{NR}																																																							
Ohio's Kinship Supports Intervention/Protect OHIO [*]	KN																																				X																		
Parent Mgt Training (PMT)	PSB																												X																										
Parent-Child Assistance Program (P-CAP)	SA																	X																																					
Parent-Child Interaction Therapy (PCIT) ^{40***}	MH	X			X	X	X	X	X	X							X	X			X	X	X	X							X										X	X			X										
Parenting a Second Time Around	PSB																													X																									
Parents as Teachers (PAT) ^{41 ***}	PSB				X		X	X	X	X			X		X	X	X				X	X	X	X			X	X	X		X											X	X			X	X	X	X						
Parenting Fundamentals (PF)																																																							
Parenting with Love and Limits (PLL)	PSB				X																																																		
Parents Anonymous	MH								X																																														
Positive Indian Parenting	PSB	X	X		X																																																		

⁴⁰ PCIT is mentioned as a secondary prevention service in the Oklahoma State FFPSA plan but not listed as a EBP for FFPSA reimbursement. (See Oklahoma state FFPSA plan, page 41.)

⁴¹ PAT is mentioned as a secondary prevention service in the Oklahoma State FFPSA plan but not listed as a EBP for FFPSA reimbursement. (See Oklahoma state FFPSA plan, page 41.)

Table Notes

Some states are in the process of determining which interventions will be included in their plan. Note that not all the jurisdictions in Table 3 have formally submitted their FFPSA plans to the Federal government or made them available publicly, so some of those states have not been included in the table to accommodate the American Indian/Alaskan Native tribal nations and Puerto Rico.

We do not yet have a document design that will accommodate all the states, American Indian Tribal Nations, and U.S. Territories when their FFPSA plans are drafted or approved. Thus, the table does not yet have columns for Alabama, Arizona, Guam, Idaho, Mississippi, Pennsylvania, and U.S. Virgin Islands. When we do have intervention information for these jurisdictions, we will either add them to the table or list their interventions in this section.

State Intervention Planning Notes

- **Arkansas:** Most of these EBPs will be implemented in phases.
- **Hawaii:** State leaders will review whatever services are submitted through Clearinghouse current “Call for Services” and will further use those as guideline on how to proceed with Services assessment.
- **Kansas:** Kansas has developed their own approach to Family Preservation Services, and this intervention has been accessed extensively as a prevention program for families. It will remain an option for home-based, intensive, therapeutic and/or case management services offered to families in crisis when children are at high risk of out-of-home placement.
- **Kentucky:** Interventions listed are from their submitted FFPSA plan.
- **Nebraska Additional Interventions:** Nebraska did a Request for Qualifications (RFQ) and these are the providers’ proposed models that scored sufficiently. This is subject to change based on outcomes of the Gaps/Needs Analysis being conducted by Chapin Hall. The Nebraska RFQ is still open for providers to apply to at this time. Nebraska is working towards setting rates for the 9 services and will share that information with the provider community once reviewed, approved, and finalized by executive leadership.

▪ Family Centered Treatment (FCT)	▪ Motivational Interviewing (MI)	▪ PCIT
▪ Functional Family Therapy	▪ Multisystemic Therapy	▪ TF-CBT
▪ Healthy Families America	▪ Parent Child Interaction Therapy (PCIT)	
▪ Homebuilders	▪ Parents As Teachers	
- **New Jersey:** In the table are the interventions already being provided and those that have been provided prior to FFPSA. Due to Medicaid-related FFPSA guidance released recently, the state is in the process of considering additional models.
- **Ohio:** Ohio is planning to use three implementation phases, with additional interventions implemented in phases 2 and 3. All the interventions, however, are included in Table 3.
- **Oregon:** Oregon has also identified several EBPs of interest for future phases of implementation: Community Healing Initiative (CHI), FAIR (Families Actively Improving Relationships), Healthy Families American (HFA)/Healthy Families Oregon (HFO), Make Parenting a Pleasure (adapted), Nurse-Family Partnership (NFP), Parents Anonymous, Parent Management Training Oregon (PMTO), Self Enhancement Model (SEM), Sobriety Treatment and Recovery Teams (START), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Youth Villages – Intercept. They also plan to implement some **Tribal Best Practices:** Adventure Based Practices, Canoe Journey – Family, Ceremonies and Rituals, Cradle Boards, Cultural Camp, Domestic Violence Group Treatment for Men, Family Spirit, Family Unity, Healthy Relationship Curriculum, Horse Program, Native American Community Mobilization, Native American

Storytelling, Positive Indian Parenting, Powwow, Round Dance, Sweat Lodge, Talking Circle, Trauma Recovery and Empowerment Model (TREM), Tribal Crafts, Tribal Family Activities, Tribal Youth Conference. (See pp. 22-25 in the Oregon plan.)

- **Utah:** Services that are currently being considered for future amendments (which will be reviewed by the University of Utah) include ACT, DBT (for youth and for adults), Helping Men Recover, and Helping Women Recover. Utah is also considering Multi-Systemic Treatment as an intervention as well as Wraparound or High-Fidelity Wraparound.
- **Washington DC:** The District of Columbia (Washington DC) also included in its plan the following interventions that need further evaluation but that they see as effective for their families: Mobile Stabilization Services (MSS), Certified Peer Specialists, Family Peer Coaches - Strengthening Family Coping Resources (SFCR),⁴⁴ C.A.S.E. - Center for Adoption Support and Education, Adoptions Together, and The Association for Successful Parenting (TASP): Successful Parenting DC.⁴⁵
- **Washington State:** State leaders also have plans to undertake additional Evidentiary Review (as specified in the Transitional Payment PI) and submit an expanded list in the future. They chose their initial list primarily based on EBPs that they already have contracts for, and have some level of supportive infrastructure in place, in addition to the EBP having been reviewed or under review by the Clearinghouse.

Interventions Especially Appropriate for American Indian/Alaskan Native Families

Tribes who are approved for direct Title IV-E funding from the federal government are not bound by the Evidence-Based Program requirement but can qualify programs for Family First funding under separate tribal criteria using community and practice-based evidence. It is likely that several programs included in the Oregon and Alaska plans would meet these criteria. Tribes that access Title IV-E through a tribal-state agreement, however, can currently receive Family First funding only for approved Evidence Based Programs, although guidance summarized in ACYF-CB-IM-21-04 indicates that some cultural adaptations to EBPs are permissible. None of the activities and programs listed in this chart have been approved as interventions as of this time. Of course, both states and tribes can support these programs and include them as part of a comprehensive prevention strategy regardless of whether they qualify for Family First funding. Some of the interventions that Alaska, Oregon, Washington, and other states might be considering are listed in the table below:

- | | | |
|---|--|--|
| ▪ Adventure Based Practices | ▪ Horse Program | ▪ Talking Circle |
| ▪ Canoe Journey – Family | ▪ Linking Generations by Strengthening Relationships | ▪ Trauma Recovery and Empowerment Model (TREM) |
| ▪ Ceremonies and Rituals | ▪ Motherhood is Sacred | ▪ Tribal Crafts |
| ▪ Cradle Board | ▪ Native American Community Mobilization | ▪ Tribal Family Activities |
| ▪ Cultural Camp | ▪ Native American Storytelling | ▪ Tribal Youth Conference |
| ▪ Domestic Violence Group Treatment for Men | ▪ Positive Indian Parenting | ▪ Two Spirit Program |
| ▪ Family Spirit | ▪ Powwow | ▪ Yéil Koow Shaawát (Raven Tail Woman) |
| ▪ Family Unity | ▪ Round Dance | |
| ▪ Fatherhood is Sacred | ▪ Sweat Lodge | |
| ▪ Healthy Relationship Curriculum | | |

⁴⁴ Family Peer Coaches Program (Certified Family Peer Specialists) group classes use the Strengthening Family Coping Resources (SFCR) Model. Staff are Certified Peer Specialists trained by DC Department of Behavioral Health.

⁴⁵ For more information about The Association for Successful Parenting (TASP), see: <http://achancetoparent.net/dc-project/>

Appendix A: Technical Reviews and Programs That Have Been Rated by the Prevention Services Clearinghouse and Found to Have Insufficient Evidence

Table A1. Technical Reviews or Studies of Interventions that States Plan to Conduct or Have Conducted That Have Not Yet Been Approved by the U.S. Children’s Bureau

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
Arizona	Arizona is considering submitting new research evidence for Family Connections and the Nurturing Parenting Program.
Colorado	<p>(Contact Elysia Clemens, <i>Colorado Evaluation Lab at the University of Denver</i>: elysia@coloradolab.org)</p> <ul style="list-style-type: none"> • High Fidelity Wraparound (Technical review rating was <i>Promising</i> – and was reviewed and rated by the Children’s Bureau as <i>Promising</i>.) <p>Other practices reviewed or in progress...</p> <ul style="list-style-type: none"> • Differential Response (DR) was rated as <i>Well-Supported</i> but not yet framed within the CO Prevention Plan or submitted to the Children’s Bureau. • Child First: proposed rating is supported from the technical review – not yet submitted. • Fostering Healthy Futures for Pre-Teens: proposed rating is well-supported from the technical review – not yet submitted. • Fostering Healthy Futures for Teens: proposed rating is supported from the technical review – not yet submitted.
Kentucky	<p>All EBPs are being reviewed by the Public Consulting Group (PCG):</p> <ul style="list-style-type: none"> • 1-2-3 Magic
Utah	With Iowa’s permission, Utah included the SafeCare technical review in their state FFPSA plan resubmission. That review was completed by Peter J. Pecora (Casey Family Programs), Antonio Garcia (University of Kentucky), and Audrey Schnell (The Analysis Factor). Note that shortly after Utah submitted the technical review for SafeCare to the Federal government, the Clearinghouse announced it had completed its review of that intervention and rated SafeCare as <i>Supported</i> . So Utah withdrew their technical review submission. However, based on that technical review, the Clearinghouse rating was appealed by Utah and the SafeCare development team. Unfortunately, the evidence rating was not changed. The intervention that Utah plans to review next is "Families First," which is based on the Teaching Family Model. This is an existing parenting service in Utah.
Washington	Washington DCYF contracted with Dr. Angelique Day of the University of Washington, School of Social Work to conduct a technical review of Family Spirit. The Prevention Clearinghouse recently rated Family Spirit as <i>Promising</i> .

Table A2. Programs That Have Been Reviewed by the Prevention Services Clearinghouse but the Evidence Does Not Currently Meet Criteria to be Rated as of January 25, 2023

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
Active Parenting™	X	X	X	
Active Parenting: First Five Years™	X	X		
Active Parenting of Teens™	X	X	X	
Active Parenting for Teens: Families in Action™	X	X	X	
Active Parenting for Teens: Teens in Action™		X	X	
Alternatives for Families – A Cognitive Behavioral Therapy		X		
Attachment and Biobehavioral Catch-up – Infant	X	X		
Attachment and Biobehavioral Catch-up – Toddler	X	X		
Being Brave		X		
Brave		X		
C.A.T.		X		
Camp Cope-A-Lot		X		
Chicago Program		X		
Children’s Home Society of New Jersey (CHSofNJ) Kinship Navigator Model				X
Circle of Security -- Intensive™		X		
Circle of Security -- Parenting™		X		
Criando con Amor: Promoviendo Armonía y Superación – Jóvenes (CAPAS-Youth)		X		
Early Pathways	X	X		
ezPARENT		X		
Familias Fuertes		X	X	
Familias Unidas: eHealth	X	X	X	
Families Actively Improving Relationships	X	X	X	
Families and Schools Together® (FAST®) – Early Childhood Education Level		X		
Families and Schools Together® (FAST®) – High School Level				

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
Families and Schools Together® (FAST®) – Middle School Level				
Family Behavior Therapy – Adolescent (Adolescent FBT)			X	
Family Behavior Therapy – Adult (Adult FBT)			X	
Family Behavior Therapy – Adult with Child Welfare Supplement (Adult FBT-CWS)			X	
Fostering Healthy Futures® for Teens (FHF-T)		X		
Functional Family Therapy – Child Welfare		X	X	
Functional Family Therapy – Therapeutic Case Management (FFT-TCM)	X	X		
Helping Women Recover (HWR) and Beyond Trauma (BT) ⁴⁶			X	
Incredible Years: Parents and Babies Program		X		
Incredible Years: Pre-school Basic Program				
Incredible Years: Toddler Basic Program				
Interpersonal Psychotherapy (Stuart and Robertson manual)		X		
Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)				X
Mindfulness-Based Cognitive Therapy for Anxious Children (MBCT-C)		X		
Multi-Media Circle of Life (m-COL)		X	X	
Multisystemic Therapy (MST) Prevention	X	X	X	
Multisystemic Therapy (MST) – Substance Abuse	X	X	X	
Multisystemic Therapy (MST) for Child Abuse and Neglect		X		
Nurturing Parenting Program for Parents & Their Infants, Toddlers, & Preschoolers (NPP-ITP)	X			
Nurturing Parenting Program for Parents & Their School Age Children 5 to 11 Years (NPP 5-11)	X			
Parent Connectors	X	X		
Parenting Wisely – Teen Edition	X	X	X	
Parenting Wisely – Young Child Edition	X	X		

⁴⁶Helping Women Recover (HWR) and Beyond Trauma (BT) are two curricula delivered sequentially as one trauma-informed and trauma-responsive intervention (HWR+BT).

Program and Evidence Rating	In-Home Parent Skill-Based	Mental Health	Substance Abuse Treatment	Kinship Navigator
Positive Indian Parenting	X	X		
Sacred Journey		X		
Safe Environment for Every Kid (SEEK™)		X		
SafeCare Augmented	X			
Seeking Safety			X	
Solution-Based Casework (SBC)	X			
Strengthening Families Program 12-16		X	X	
Strengthening Families Program 3-5		X	X	
Strengthening Families Program 6-11				
Strengthening Families Program Birth to Three				
Strong African American Families - Teen		X	X	
The Matrix Model			X	
The Seven Challenges - Adolescents			X	
The Seven Challenges - Adults			X	
Together Facing the Challenge		X		