

Child Welfare Information Gateway

Transition to Adulthood & Independent Living

Outreach Toolkit



INTRODUCTION

Youth in foster care face several challenges as they approach adulthood and prepare for self-sufficiency and independent living, and many struggle to achieve self-reliance. Youth in out-of-home care may face additional obstacles and benefit from additional support.

[Child Welfare Information Gateway](#) has created a new resource collection to better support youth transitioning to adulthood.

The most special feature about this collection is it includes resources specifically for youth! [Young people](#) preparing for the transition out of foster care can find resources on education, employment, finances, housing, life skills, and more.

[Caseworkers](#) and others supporting youth in transition can also find resources on programs, emerging practices, support services, and extended foster care.

Having the right resources will help better engage youth and make transitioning out of foster care less challenging.

ABOUT THIS TOOLKIT

Help us raise awareness about this new collection! This toolkit will help you share these resources with your colleagues and the youth that need them. Inside, you will find messaging for youth and professional audiences to use in your various communications. Make sure to pair them with our shareable graphics.

STAY CONNECTED

Connect youth to the resources they need to thrive! As you share these resources with your network, make sure to tag Child Welfare Information Gateway on Facebook and Twitter.



[@ChildWelfare](#)



[@ChildWelfareGov](#)

RESOURCES FOR YOUTH TRANSITIONING TO ADULTHOOD

MESSAGING FOR YOUTH:

Connect youth transitioning out of foster care to the resources they need. Share these messages written for youth with agencies, schools, youth groups, or community centers to feature on their social media pages, websites, and newsletters. Pair them with the shareable graphic.



[Download](#)

Are you a young person preparing for the transition out of #fostercare? Use this collection to find resources on education, employment, finances, housing, and more.

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

Transitioning from #fostercare to independence is hard! But there are resources available to help. Visit @ChildWelfareGov for more information on how we can work together to make it easier.

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

Has your caseworker begun transitioning planning with you? If not, @ChildWelfareGov has resources to help you be your own advocate and engage your caseworker.

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

Transitioning from foster care to independence? Looking for help with housing costs? You're not alone. Be sure to check out the resources available in this collection about rental assistance programs.

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

There are programs that provide funding to assist youth in #fostercare with services and financial assistance as they transition to adulthood. Learn more about available financial assistance programs with these resources.

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

Achieving postsecondary education shouldn't be out of reach for anyone. Did you know some colleges provide programs to help youth in foster care? Learn more today!

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

Securing housing, opening a bank account, and getting health-care coverage are just a few things to add to your plan for independent living. Explore more steps to take using these resources. #FosterCare

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

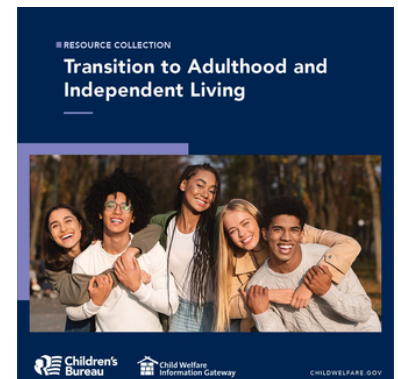
Obstacles may arise as you plan your transition to independent living. Be sure to connect with your caseworker for support during this time. Using these resources will also help! #FosterCare

<https://www.childwelfare.gov/topics/outofhome/independent/resources/>

RESOURCES FOR YOUTH TRANSITIONING TO ADULTHOOD

MESSAGING FOR PROFESSIONALS:

Make your network aware of new resources available to support youth transitioning out of care! Share these messages on your social media pages, websites, blogs, or newsletters and pair them with the shareable graphic.



[Download](#)

Providing young adults access to the support they need as they transition to independence is vital to improving their quality of life and educational outcomes. Visit @ChildWelfareGov for more information on how you can assist.

<https://www.childwelfare.gov/topics/outofhome/independent/>

Caseworkers and others supporting youth in transition can use these resources to find information on programs, emerging practices, support services, and extended #fostercare.

<https://www.childwelfare.gov/topics/outofhome/independent/>

The transition to adulthood and self-sufficiency can be challenging for any young person. It's important to provide them with the proper support as they begin a new chapter of their lives. Use these resources to find out ways you can help.

<https://www.childwelfare.gov/topics/outofhome/independent/>

Many young adults need help developing the skills required to live successfully outside of foster care. This resource collection provides insight into supports to make their transition easier. #FosterCare

<https://www.childwelfare.gov/topics/outofhome/independent/>

Being financially responsible is the foundation young people need to become self-sufficient adults. Helping them set goals is the first step in financial independence. Visit @ChildWelfareGov to learn how you can assist.

<https://www.childwelfare.gov/topics/outofhome/independent/>

Youth in foster care may not receive the types of family supports their peers receive. Being a support system for them can help them succeed as they enter adulthood.

<https://www.childwelfare.gov/topics/outofhome/independent/>

As the young people you work with get older, take time to prepare them for independent living. Use these resources to help them develop a plan that meets federal requirements, builds on their strengths, and supports their needs. #FosterCare

<https://www.childwelfare.gov/topics/outofhome/independent/>